FEEDING CUES

Early cues - "I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

Mid cues - "I'm really hungry"



Stretching



Increasing physical movement



Hand to mouth

Late cues - "Calm me, then feed me"



Crying



Agitated body movements



Colour turning red

CALM CRYING BABY FIRST

Cuddling Skin to skin on chest Stroking Shushing Talking

 $\frac{https://www.qld.gov.au/health/children/pregnancy/antenatal-information/breastfeeding-101/signs-of-hungerhttps://raisingchildren.net.au/newborns/connecting-communicating/communicating/baby-cues$