

FEEDING CUES

Early cues – “I’m hungry”



Stirring



Mouth opening



Turning head
Seeking/rooting

Mid cues – “I’m really hungry”



Stretching



Increasing
physical movement



Hand to mouth

Late cues – “Calm me, then feed me”



Crying



Agitated body
movements



Colour turning red

CALM CRYING BABY FIRST

- Cuddling
- Skin to skin on chest
- Stroking
- Shushing
- Talking